

# 2026 National JROTC Fitness Challenge Championships



## **TENTATIVE Schedule of Events For Planning Purposes ONLY**

The Final Event Schedule will be posted one week prior to the event date on this website.

### **FRIDAY, 1 MAY - Day Prior**

#### **★ Official Fitness Championships Event Registration ★**

**1100 – 1600 hrs**

**Ocean Center Arena – 101 N. Atlantic Ave. Daytona Beach, Florida**

Shirts and Medallions are signed out / Photo form is verified

NOTE: NO EVENT WALK-THROUGH as the courses are built THE MORNING OF the event.

### **SATURDAY, 2 MAY - Event Day**

#### **★ Final Registration ★**

**0630 – 0800 hrs @ Ocean Center**

#### **Beach Team Events**

#### **Behind Plaza Resort & Spa**

**600 N. Atlantic Avenue, Daytona Beach**

Drop-off area for competitors on Seabreeze Ave entrance  
Parking is available in the garage SOUTH of the event site

#### **Individual Events**

#### **Ocean Center Arena**

**101 N. Atlantic Avenue, Daytona Beach**

Drop-off area for competitors on south side of bldg  
Parking is available in the lots or parking garage

#### **★ Fitness Championships BEGIN! ★**

Rotation of all Events will begin and continue throughout the day

**0730 - 1500 hrs @ Daytona Beach (behind Plaza)  
3k Team Beach Run & Physical Team Test**

**0730 - 1730 hrs @ Ocean Center – Ballroom (east side)  
Weighted Ball Toss, Standing Broad Jump and Pull-ups/Flexed Arm Hang**

**1730 - 1900 hrs: Dinner Break**

#### **★ National JROTC Fitness Challenge Championships Awards Ceremony ★**

**1915 - 2030 hrs**

**Main Arena – Ocean Center**

Competing cadets, instructors & spectators will attend this closing ceremony.  
Units should attend in either school PT/fitness gear or Utilities.