

2026 National JROTC Fitness Challenge Championships



TENTATIVE **Schedule of Events** **For Planning Purposes ONLY**

The Final Event Schedule will be posted **one week prior** to the event date on this website.

FRIDAY, 1 MAY - Day Prior

★ Official Fitness Championships Event Registration ★

1100 – 1600 hrs

Ocean Center Arena – 101 N. Atlantic Ave. Daytona Beach, Florida

Shirts and Medallions are signed out / Photo form is verified

NOTE: NO EVENT WALK-THROUGH as the courses are built THE MORNING OF the event.

SATURDAY, 2 MAY - Event Day

★ Final Registration ★

0630 – 0800 hrs @ Ocean Center

Beach Team Events

Behind Plaza Resort & Spa

600 N. Atlantic Avenue, Daytona Beach

Drop-off area for competitors on Seabreeze Ave entrance
Parking is available in the garage SOUTH of the event site

Individual Events

Ocean Center Arena

101 N. Atlantic Avenue, Daytona Beach

Drop-off area for competitors on south side of bldg
Parking is available in the lots or parking garage

★ Fitness Championships BEGIN! ★

Rotation of all Events will begin and continue throughout the day

0730 - 1500 hrs @ Daytona Beach (behind Plaza)

3k Team Beach Run & Physical Team Test

0730 - 1730 hrs @ Ocean Center – Ballroom (east side)

Weighted Ball Toss, Standing Broad Jump and Pull-ups/Flexed Arm Hang

1730 - 1900 hrs: Dinner Break

★ National JROTC Fitness Challenge Championships Awards Ceremony ★

1915 - 2030 hrs

Main Arena – Ocean Center

Competing cadets, instructors & spectators will attend this closing ceremony.
Units should attend in either school PT/fitness gear or Utilities.