

2025 Fitness Challenge Championships

Overall Event Score Report

Female Division

TOTALS	SCHOOL	TEAM	Placement Points Earned				
			PTT	3-K	BrdJmp	PwrThw	PU/Flex
9 ⁽¹⁾	Ridge Community High School	Lady Bolts	1	1	3	3	1
9 ⁽¹⁾	Live Oaks CDC	Lady Wolfpack	2	2	1	1	3
12	Veterans High School	Veterans Red	3	3	2	2	2
28	Lake Cormorant High School	Gators	7	5	5	6	5
29	Haines City High School	Hornet Female	4	4	9	8	4
33	St. Martin High School	Yellow Jackets	8	7	4	5	9
36	Forest High School	Wildcats Female	5	8	6	7	10
36	Albany High School	Falcon Females	6	6	7	11	6
44	Utah Military Academy - Williams	Lady Wolves	10	9	10	4	11
47	Perry High School	Panther Female Team	9	10	11	9	8
48	High School of Commerce	Red Raiders	12	11	8	10	7
59	Westhill High School	Vikings Female	11	12	12	12	12

(1) Placement determined by tie-breaker
 (2)

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Physical Team Test Score Report

Female Division

Adjusted Finish	School		Raw Finish Time	Time Penalty in Seconds
2:22.44	Ridge Community High School	Lady Bolts	2:22.44	0
2:24.75	Live Oaks CDC	Lady Wolfpack	2:24.75	0
2:38.44	Veterans High School	Veterans Red	2:28.44	10
2:45.44	Haines City High School	Hornet Female	2:35.44	10
3:01.25	Forest High School	Wildcats Female	3:1.25	0
3:06.00	Albany High School	Falcon Females	3:6.00	0
3:17.00	Lake Cormorant High School	Gators	3:7.00	10
3:22.87	St. Martin High School	Yellow Jackets	3:12.87	10
3:25.00	Perry High School	Panther Female Team	3:15.00	10
3:33.38	Utah Military Academy - Williams	Lady Wolves	3:23.38	10
4:32.06	Westhill High School	Vikings Female	4:12.06	20
4:48.00	High School of Commerce	Red Raiders	4:38.00	10

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3-K Run Score Report

Female Division

Adjusted Finish	School		Raw Finish Time	Time Penalty in Seconds
10:54.18	Ridge Community High School	Lady Bolts	10:54.18	0
11:27.38	Live Oaks CDC	Lady Wolfpack	11:27.38	0
11:47.97	Veterans High School	Veterans Red	11:47.97	0
12:43.09	Haines City High School	Hornet Female	12:43.09	0
12:44.06	Lake Cormorant High School	Gators	12:44.06	0
12:50.91	Albany High School	Falcon Females	12:50.91	0
13:23.88	St. Martin High School	Yellow Jackets	13:23.88	0
13:57.29	Forest High School	Wildcats Female	13:57.29	0
14:33.15	Utah Military Academy - Williams	Lady Wolves	14:33.15	0
15:21.44	Perry High School	Panther Female Team	15:21.44	0
15:53.43	High School of Commerce	Red Raiders	15:53.43	0
17:17.31	Westhill High School	Vikings Female	17:17.31	0

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Standing Double Broad Jump Team Report

Female Division

TEAM TOTAL DISTANCE inches	SCHOOL	TEAM
1899.4	Live Oaks CDC	Lady Wolfpack
1890.9	Veterans High School	Veterans Red
1814.1	Ridge Community High School	Lady Bolts
1753.0	St. Martin High School	Yellow Jackets
1741.4	Lake Cormorant High School	Gators
1733.8	Forest High School	Wildcats Female
1695.8	Albany High School	Falcon Females
1666.8	High School of Commerce	Red Raiders
1643.4	Haines City High School	Hornet Female
1642.8	Utah Military Academy - Willia	Lady Wolves
1613.6	Perry High School	Panther Female Team
1555.7	Westhill High School	Vikings Female

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Seated Power Throw Team Score Report

Female Division

TEAM TOTAL DISTANCE inches	SCHOOL	TEAM
1850.7	Live Oaks CDC	Lady Wolfpack
1717.3	Veterans High School	Veterans Red
1707.7	Ridge Community High School	Lady Bolts
1650.7	Utah Military Academy - Willia	Lady Wolves
1507.5	St. Martin High School	Yellow Jackets
1502.3	Lake Cormorant High School	Gators
1477.0	Forest High School	Wildcats Female
1461.8	Haines City High School	Hornet Female
1457.3	Perry High School	Panther Female Team
1401.9	High School of Commerce	Red Raiders
1345.2	Albany High School	Falcon Females
1194.0	Westhill High School	Vikings Female

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Flexed Arm Hang Score Report

Female Division

Flex Arm Hang Total Seconds	School	Team
829	Ridge Community High School	Lady Bolts
813	Veterans High School	Veterans Red
804	Live Oaks CDC	Lady Wolfpack
783	Haines City High School	Hornet Female
749	Lake Cormorant High School	Gators
668	High School of Commerce	Red Raiders
610	Albany High School	Falcon Females
541	Perry High School	Panther Female Team
534	St. Martin High School	Yellow Jackets
456	Forest High School	Wildcats Female
429	Utah Military Academy - Williams	Lady Wolves
373	Westhill High School	Vikings Female