



# 2024 JROTC FITNESS CHALLENGE CHAMPIONSHIPS

**DIVISION**    **DIVISION**

## 3K BEACH TEAM RUN SCORE SHEET

Initials
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School Name:

Team Name:

### Reason for Disqualification:

- Failure to start event when called by the meet official without cause
- Failure to maintain correct team gender numbers required (Mixed with <3 females, etc.)
- Intentional Interference with another runner
- Instructor/Parents physically assisting the team
- Other (explain) \_\_\_\_\_

### Penalties:

- Only EIGHT competitors (FIVE competitors for FEMALE team) - (5-minute penalty)
- Interference with another team \_\_\_\_\_ (subjective time penalty based on circumstances)
- Team was interfered with, credit for lost time \_\_\_\_\_ (subjective time bonus based on circumstances)
- # Occurrences of Cursing / Unsportsmanlike Conduct (1-minute each)
- All team members were not within 10-yard zone at finish line (1-minute penalty)
- Other (explain) \_\_\_\_\_

**TEAM RAW TIME** \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_  
Minutes                      Seconds                      Hundreths

**TEAM FINAL TIME (after penalties)** \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_

**Judge Signature** \_\_\_\_\_



# 2024 JROTC FITNESS CHALLENGE CHAMPIONSHIPS

## DIVISION DIVISION

### PHYSICAL TEAM TEST SCORE SHEET

Initials

School Name: \_\_\_\_\_

Team Name: \_\_\_\_\_

## Reason for Disqualification:

- \_\_\_ Failure to start event when called by the meet official without cause
- \_\_\_ Improper/Illegal handling of equipment (thrown/dropped, dragged when not permitted, etc.)
- \_\_\_ Intentional/Gross Negligent destruction of an Obstacle/Equipment
- \_\_\_ Instructor/Parents physically assisting the team
- \_\_\_ Less than EIGHT cadets competing (Less than FIVE for a FEMALE team)
- \_\_\_ Failure to maintain correct team gender numbers required (Mixed with <3 females, etc.)
- \_\_\_ Failure to Progress (time more than 8 minutes – removed from course)
- \_\_\_ Other (explain) \_\_\_\_\_

## Penalties:

- \_\_\_ Only EIGHT competitors / FIVE competitors for a FEMALE team (5-minute penalty)
- \_\_\_ # Occurrences of a Cadet crossing back over finish line after completing event (30 seconds each)
- \_\_\_ # Occurrences of Equipment not placed in correct position by team during race (1 min. per piece)
- \_\_\_ # Cadets not crossing obstacles OR finish line (5-minutes each)
- \_\_\_ Broken Equipment on Maze Area (1-minute PER OCCURENCE)
- \_\_\_ Interference with another team \_\_\_\_\_ (subjective time penalty based on circumstances)
- \_\_\_ Team was interfered with, credit for lost time \_\_\_\_\_ (subjective time bonus based on circumstances)
- \_\_\_ # Occurrences of Cursing / Unsportsmanlike Conduct (1-minute each)
- \_\_\_ Attempt but FAIL to Complete Obstacle (10 sec/minor or 30/sec major PER OCCURENCE)
- \_\_\_ Other (explain) \_\_\_\_\_

**TEAM RAW TIME** \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_  
(Minutes)                      Seconds                      Hundredths)

**TEAM FINAL TIME (after penalties)** \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_

**Judge Signature** \_\_\_\_\_



# 2024 JROTC FITNESS CHALLENGE CHAMPIONSHIPS

## DIVISION DIVISION

### PULL-UPS SCORE SHEET

School Name: \_\_\_\_\_

Team Name: \_\_\_\_\_

### Reason for Disqualification:

- \_\_\_ Failure to start event when called by the meet official without cause
- \_\_\_ Less than EIGHT competing cadets – (competing with 8 is fine, they get a ZERO for the last missing cadet)
- \_\_\_ Failure to maintain correct team gender numbers required (Mixed with <3 females, etc.)
- \_\_\_ Other (explain) \_\_\_\_\_

Cadet Initials		CADET NAME	PULL UPS COMPLETED
	1		
	2		
	3		
	4		
	5		
	6		
	7		
	8		
	9		

**TOTAL TEAM COUNT** \_\_\_\_\_  
SNI will Total

**Judge Signature** \_\_\_\_\_  
 NOTES: